



Module 5: Substance Abuse Prevention

Lesson 3: The Dangers of Alcohol - Assessment

Multiple Choice Questions

1. What type of substance is alcohol?
 - a) Stimulant
 - b) Depressant
 - c) Hallucinogen
 - d) Narcotic
2. Which part of the central nervous system does alcohol impact the most?
 - a) Brain
 - b) Spinal Cord
 - c) Nerves in the fingers
 - d) Muscles
3. Which of the following is an immediate effect of alcohol consumption?
 - a) Improved reaction time
 - b) Enhanced memory
 - c) Slowed reaction time
 - d) Increased coordination
4. What is a possible result of poor judgment due to alcohol?
 - a) Making safe decisions at all times
 - b) Taking more risks
 - c) Improved decision-making skills
 - d) None of the above
5. How does alcohol affect speech?
 - a) Makes speech clearer
 - b) Causes slurred speech
 - c) Has no effect on speech
 - d) Changes speech tone
6. Which activity becomes dangerous when under the influence of alcohol?
 - a) Reading a book
 - b) Driving
 - c) Sleeping
 - d) Eating

7. Drinking too much alcohol can immediately lead to?
 - a) Enhanced athletic performance
 - b) Improved judgment
 - c) Slurred speech
 - d) Faster reflexes

 8. In the long term, alcohol abusers risk developing which condition?
 - a) Lung cancer
 - b) Diabetes
 - c) Heart disease
 - d) Broken bones

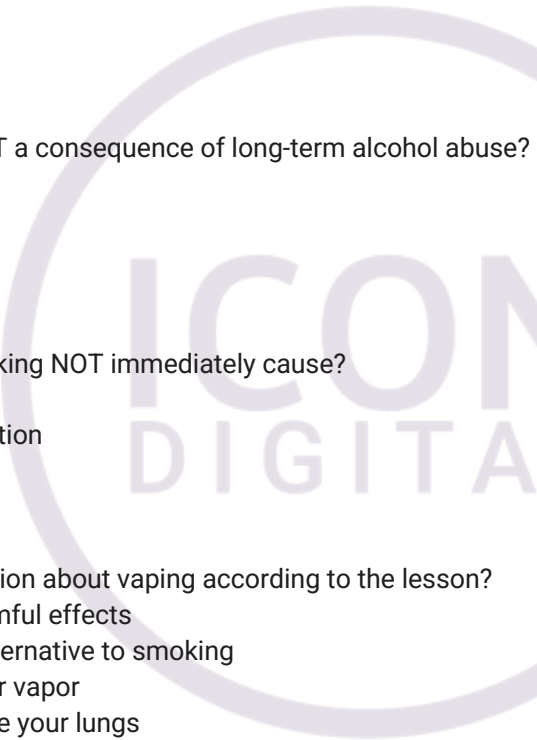
 9. Which organ is most affected by long-term alcohol abuse?
 - a) Brain
 - b) Liver
 - c) Kidneys
 - d) Stomach

 10. Which of these is NOT a consequence of long-term alcohol abuse?
 - a) Heart attacks
 - b) Liver failure
 - c) Improved IQ
 - d) Stroke

 11. What does binge drinking NOT immediately cause?
 - a) Poor judgment
 - b) Improved coordination
 - c) Slurred speech
 - d) Loss of balance

 12. What is a misconception about vaping according to the lesson?
 - a) Vaping has no harmful effects
 - b) Vaping is a safe alternative to smoking
 - c) Vaping is just water vapor
 - d) Vaping can damage your lungs

 13. Which of these contains nicotine?
 - a) Vapes
 - b) Pure water
 - c) Organic vegetables
 - d) None of the above

 14. How does alcohol consumption affect the central nervous system?
 - a) Speeds it up
 - b) Slows it down
 - c) Has no effect
 - d) Makes it more responsive
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- A large, light purple watermark logo is centered on the page. It consists of a large circle containing the word "ICON" in a bold, sans-serif font above the word "DIGITAL" in a smaller, all-caps, sans-serif font.

15. Long-term use of alcohol primarily increases the risk of which disease?
- Skin disease
 - Heart disease
 - Eye infection
 - Diabetes
16. Which is an incorrect statement about smoking and vaping?
- They damage every organ in your body
 - They increase your performance in sports
 - They contribute to serious health issues
 - They contain harmful chemicals
17. What is addiction?
- A conscious choice
 - A temporary feeling
 - A dependency disease
 - A sign of happiness
18. What is the immediate danger of driving under the influence of alcohol?
- Getting a better job
 - Winning a race
 - Causing road accidents
 - Communicating effectively
19. Which of these symptoms is NOT associated with alcohol intake?
- Increased focus
 - Loss of coordination
 - Poor judgment
 - Slurred speech
20. Which of the following is a long-term effect of alcohol?
- Lung improvement
 - Enhanced skin tone
 - Increased risk of cancer
 - Improved digestion
21. What aspect of the brain does alcohol impair?
- Logical reasoning
 - Decision making
 - Memory recall
 - Speech processing
22. Risky decisions under the influence are due to?
- Increased awareness
 - Impaired judgment
 - Enhanced intelligence
 - Any of the above
23. Under what effect might someone have difficulty walking straight?
- Improved spatial skills
 - Increased dexterity
 - Alcohol consumption
 - Better balance

24. Alcohol is classified as what kind of drug?
- a) Narcotic
 - b) Depressant
 - c) Antidepressant
 - d) Stimulant
25. Which is a valid statement about alcohol based on the lesson?
- a) It improves judgment
 - b) It enhances physical abilities
 - c) It decreases reaction time
 - d) It makes one smarter

True or False

1. True or False: Alcohol is a stimulant, which speeds up the central nervous system.
2. True or False: Drinking alcohol can lead to poor judgment, making risky decisions more likely.
3. True or False: One of the immediate effects of alcohol consumption is improved coordination.
4. True or False: Vaping is completely safe because it is just water vapor.
5. True or False: Drinking too much alcohol can result in slurred speech and loss of balance.
6. True or False: Long-term alcohol abuse can damage almost every organ in the body.
7. True or False: Alcohol consumption does not affect reaction time, so driving is safe after drinking.
8. True or False: Cancer and heart disease are major health problems associated with alcohol abuse.
9. True or False: Binge drinking poses immediate dangers, including toxicity and potential overdose.
10. True or False: Alcohol does not pose any long-term health risks if consumed in moderation.

Fill in the Blank

Word Bank: (depressant, cigarettes, poor decision-making, athletic, slowed, brain, slurred, addiction, vapor, heart, poor)

1. Alcohol is a _____, meaning it slows down your central nervous system.
2. One immediate effect of drinking too much alcohol is _____, where you might make risky decisions, you wouldn't make when sober.
3. Drinking too much alcohol can lead to _____ Reaction Time, making activities like driving dangerous.
4. After consuming alcohol, a person might have _____ Speech.
5. Long-term alcohol abuse can increase the risk of developing _____ Disease, affecting your heart health.

6. Consuming alcohol can lead to _____ Coordination, making it hard to walk or balance.
7. One of the major long-term health dangers of alcohol is _____, especially in the brain.
8. Long-term alcohol abuse primarily affects the _____, which is most damaged over time.
9. Alcohol consumption can lead to bad skin, yellow teeth, and poor _____ performance.
10. _____ and vapes contain harmful chemicals that damage most body organs.

Short Answer Questions

1. How does alcohol directly affect the brain's functions?
2. What is one immediate consequence of having too much alcohol in your system?
3. Why is alcohol considered a depressant and what does it do to the central nervous system?

